



MDCSNYC 

Maria Droste Counseling Services
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www.mdcsnyc.org

Parent Divorce Support Group

This group provides practical information and psycho-education for a healthy divorce including:

- **Overview of divorce options and the process**
- **Identifying and coping with the rollercoaster of emotions during divorce**
- **Tools for effective co-parenting during and after divorce**

This group is intended for individuals, not couples.

Group Leader: Monica Roquitte, LCSW, CDFA

6 sessions

Days & Time: Tuesdays, 12:30-1:30

Beginning On April 9th, 2019

If you are interested in participating, please contact Joanne DeLuca at

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