



MDCSNYC 

Maria Droste Counseling Services  
171 Madison Ave. Suite 400  
New York City, NY 10016  
[www.mdcsnyc.org](http://www.mdcsnyc.org)

## **Trauma Informed Couples Counseling**

### **In this group you will receive:**

- **Psycho-education around primary and secondary trauma.**
- **Tools for increasing communication and negotiating.**
- **Identifying patterns and how to resolve them.**

**Group Leader: Hallie Boas, MHC**

**Co-Group Leader: Natalie Medina-Minton, LCSW, BC-TMH**

**6 sessions**

**Days & Time: Mondays, 6-7:30pm**

**Beginning On April 15th, 2019**

**If you are interested in participating, please contact Joanne DeLuca at  
212 889 4042**

**Or**

**[j.deluca@mdcsnyc.org](mailto:j.deluca@mdcsnyc.org)**